



LEARN MORE ABOUT US

Visit our website:
www.keystonebehavioral.com

Follow us on social media:

Facebook



Keystone Behavioral
Pediatrics

Twitter



@KBehavioral

LinkedIn



Keystone Behavioral
Pediatrics



Keystone Behavioral Pediatrics
Success through change

Tel: 904.619.6071

6867 Southpoint Drive North
Suite 106

Jacksonville, Florida 32216

Fax 904.212.0309

ccc@keystonebehavioral.com

www.keystonebehavioral.com

Occupational Therapy

What to Expect



Fast Facts about occupational therapy at Keystone Behavioral Pediatrics:

- Occupational therapy evaluations are typically 90 minutes in duration.
- Occupational therapy sessions are typically 60 – 90 minutes in duration twice a week.
- Observation during treatments is available in observation rooms upon request.



Keystone Behavioral Pediatrics
Success through change

Tel: 904.619.6071

What is occupational therapy?

Occupational therapy uses purposeful activities to enhance and encourage skill development. Occupational therapy specifically addresses issues of:

- Gross motor skills
- Fine motor skills
- Functional developmental grasp
- Visual motor skills
- Handwriting skills
- Self-care skills
- Independent living skills
- Motor planning skills
- Neuromotor skills
- Sensory Integration issues

Guided by the child's interests, the occupational therapist provides fun and motivating activities that aim to provide a "just-right challenge." Through these challenges, a child will develop the underlying skills needed to effectively complete meaningful tasks to maximize functional and academic achievement. When skill and strength cannot be developed or improved, the occupational therapist offers creative modifications and/or adaptations for carrying out age-appropriate activities.



What happens during occupational therapy sessions?

During the first session of Occupational Therapy, your child will be assessed for any developmental deficits that may be impeding self-care, independence, play skills, functional independence and academic achievement, as well any sensory issues. Through these assessments, the underlying developmental skills that need improving will be identified. These skills will be addressed during subsequent therapy sessions. By identifying and improving these underlying developmental skills, your child will have greater success in functional tasks, self-care, independent living and academic achievement.

What is Handwriting Without Tears

Handwriting Without Tears (HWT) is a handwriting curriculum that uses multi-sensory techniques and consistent habits. HWT helps students learn pencil grip, posture, letter formation and handwriting from Pre-K through cursive, following developmental stages. The occupational therapist takes into consideration limiting factors that the child may be experiencing due to specific delays in order to facilitate success for the child. These delays may include motor coordination deficits, visual perception deficits and generalized weakness.

For more information:

Please contact RJ Navarro, director of rehabilitation for Keystone Behavioral Pediatrics. More information can also be found at the Handwriting Without Tears website, www.hwtears.com.

